



24 June 2010

Dear Sponsor,

Well I managed it! The GR20, known as “the toughest waymarked route in the world” certainly lived up to its reputation. I found it brutal in many ways, the steep ascents and descents, often over very difficult wet terrain including endless boulder fields, the 18kg rucksack, the camping, frequent thunderstorms, freezing showers and squat loos all combined to make it a considerable physical and mental challenge. These challenges were compensated by two weeks of stunning mountain scenery, soaring rocky pinnacles and the thunderous waterfalls.

Alan Hall proved to be an excellent companion, giving me much valuable advice, particularly climbing down steep routes that resembled waterfalls. We had a great time.

Thank you very much for your generous contribution for our nominated charity, UCare. With your help we have managed to raise in excess of £2,500, which is fantastic.

Thank you again,

Adrian Carey

