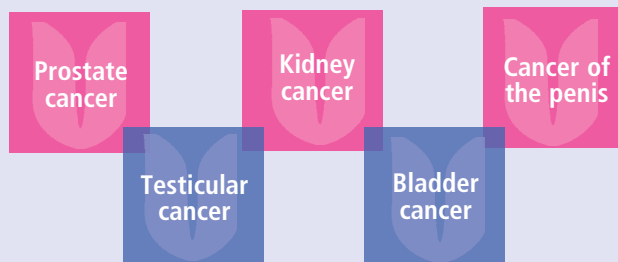


UCARE (Urology Cancer Research and Education) was founded by a group of clinicians, patients and supporters who care about fighting urological cancer.

We are an independent charity committed to improving the treatment and care of cancer patients through research and education.







Urological cancers represent nearly 20% of all cancers diagnosed in the UK each year. Around 18,000 people die of urological cancers in the UK every year, and may not have been aware of the signs and symptoms that lead to early detection and treatment.

Our vision

Finding new ways to fight cancer.

Our aims

-  To support research into the causes, prevention and treatment of urological cancers and related conditions.
-  To promote the development of new technologies that will help to improve the diagnosis and treatment of urological cancers and related conditions.
-  To provide equipment and facilities for research, and for the treatment of cancer patients.
-  To provide information and education about urological cancers.

**We all care about cancer.
Please help us fight it.**

As a registered charity, UCARE depends on friends and supporters, who help us by:

- Giving their expertise to help run and develop UCARE.
- Making donations to support our work.
- Organising and supporting fundraising events.
- Sponsoring our activities.
- Telling friends, family and colleagues about our work.



If you want to know more about UCARE please contact us at:

UCARE, PO Box 677, Abingdon, OX14 9LZ

Tel: 01865 767777

Email: ucare@ucare-oxford.org.uk

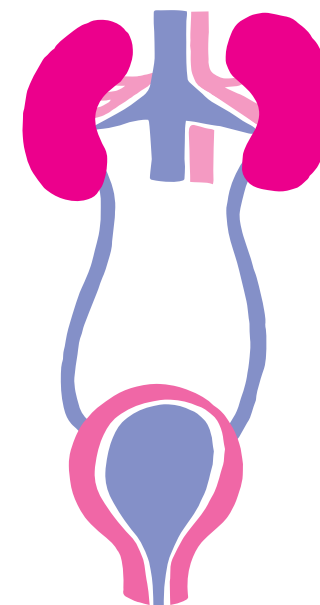
Find UCARE on:



UCARE (Oxford) is a registered charity number 1120887.

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Urological Cancers



Be aware and informed

Urological Cancer

What is urological cancer?

Urological cancer is cancer that affects the kidney, bladder, prostate, testicles or penis.

What are the symptoms?

The symptoms below can be caused by conditions other than cancer. If you are experiencing any of these symptoms, you should see your GP who may refer you for further investigation.

Kidney cancer

Kidney cancer often causes no symptoms and is found as an incidental finding on a routine scan.

Specific symptoms include:

- blood in the urine
- pain or swelling in the loin

Non-specific symptoms, common to many cancers, include:

- weight loss
- fatigue
- night sweats

Bladder cancer

The most common symptom of bladder cancer is blood in the urine, but there can also be:

- pain passing urine
- increase in frequency of passing urine

Testicular cancer

Early symptoms of testicular cancer are usually a lump or swelling in one testicle, which may or may not be accompanied by an ache or heavy sensation. Occasionally there may be swelling with extreme tenderness.

Prostate cancer

Prostate cancer does not usually cause symptoms in the early stages. When symptoms do occur, they may include:

- difficulty or pain when passing urine
- a need to pass urine more frequently, particularly during the night
- blood in the urine

Note that these symptoms can be a sign of non-cancerous prostate enlargement.

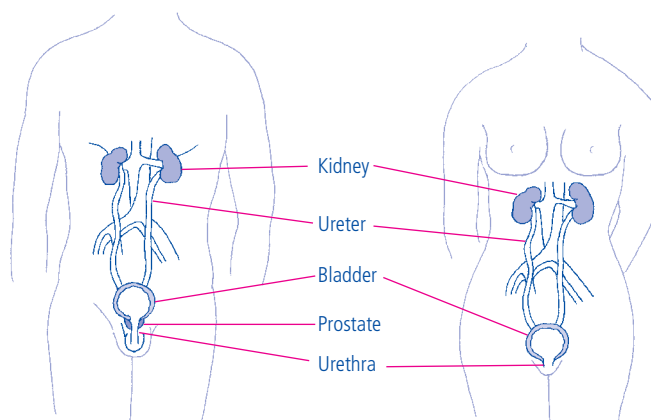
Cancer of the penis

The first signs of cancer of the penis are usually changes in the skin, either:

- thickening
- growths or sores

Clinical trials

You may be offered a potentially different treatment option as part of a clinical trial. The aim of a clinical trial is to develop new treatments, which are always being investigated.



If you have any symptoms or concerns, don't be embarrassed and don't delay – visit your doctor and get checked out.

I would like to support the fight against cancer

Research is often complicated, time-consuming and expensive but it provides hope for patients and their families, and leads to more effective ways of treating and preventing cancer. **Please help by giving what you can.**

I would like to give a donation to UCARE of:

£10 £100 £250 My choice £

Please make cheques payable to UCARE

I would like to give a monthly donation to help UCARE plan for the future:

£3 £5 £10 £25

My choice £

(Before you send your completed slip to us, please ask your bank or building society to set up your monthly standing order gift and give them our banking details: CAF Bank Ltd, 25 Kings Hill Avenue, Kings Hill, West Malling, Kent ME10 4JQ, Account Number 00017501, Sort Code 40-52-40. To help us keep accurate records, please give your full name as the reference.)

Title: _____

Name: _____

Address: _____

Postcode: _____

Phone (optional): _____

Email: _____

Increase the value of your donations by 25% – at no additional cost to you!

giftaid it

I am a UK taxpayer. * Please treat all donations I make or have made to UCARE for the past four years as Gift Aid donations until further notice.

*Please be aware that you must have paid an amount of income and/or capital gains tax at least equal to the amount of tax reclaimed by all charities and Community Amateur Sports Clubs on all your donations in the tax year (6th April one year to 5th April the next). We can currently receive an extra 25p for every £1 you donate. Other taxes such as Council Tax and VAT do not qualify. Please let us know if your tax circumstances or name/address change.

Date _____ Signature _____

Please tick the box if you prefer not to receive updates about our work.
We will not share your details with other organisations.

Thank you

www.ucare-cancer.org.uk

ucare
Finding new ways to fight cancer

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