

I would like to support the fight against cancer

Research is often complicated, time-consuming and expensive but it provides hope for patients and their families, and leads to more effective ways of treating and preventing cancer.

Please help by giving what you can.

I would like to give a donation to UCARE of:

£10 £100 £250 My choice £

Please make cheques payable to UCARE

I would like to give a monthly donation to help UCARE plan for the future:

£10 £25 My choice £

(Before you send your completed slip to us, please ask your bank or building society to set up your monthly standing order gift and give them our banking details: CAF Bank Ltd, 25 Kings Hill Avenue, Kings Hill, West Malling, Kent ME10 4JQ, Account Number 00017501, Sort Code 40-52-40. To help us keep accurate records, please give your full name as the reference.)

Title: Name: Address: Postcode: Phone (optional): Email:

giftaid it

I am a UK taxpayer and I want UCARE to reclaim the tax I have already paid on my gift(s) from 6 April 2007 until further notice.

Please tick the box if you prefer not to receive updates about our work. We will not share your details with other organisations.

Thank you



www.ucare-oxford.org.uk

UCARE (Oxford) is a registered charity, number 1120887.

Please return this form to: UCARE, HIFU Unit, Churchill Hospital, Oxford, OX3 7LJ

Voices in the community



In February, UCARE joined forces with Macmillan Cancer Support to offer free, specialist support and information about cancer.

Macmillan Cancer Support's mobile service visited Oxfordshire, with cancer information specialists, including UCARE awareness nurse Gemma Crane, on hand to answer questions and offer support.

A sad farewell to Cilla

It is with huge sadness that we say goodbye to one of our patient advocates and a strong voice of UCARE. Cilla Slipper passed away in February this year. Many will remember that, in 2014, Cilla decided to 'Cycle into the Seventies'.



"Cilla was always a beacon of hope for us and we have always been inspired by her attitude and tenacity. She was such a giver, with her charity work, her advice on how to manage drug side effects and all round positivity. We will really miss her smile."

Steve Easton, member of Friends of Renal Oncology Group and patient advocate for UCARE



Keeping connected

Social media is becoming increasingly more important to us in connecting with our supporters. We've found it's a useful way to engage in two-way communication and engage with our friends.



UCARE is a regulated member of the Fundraising Standards Board, and is accountable for our fundraising. We promise to always be honest, open and accountable in our fundraising, helping you to give with confidence.



UCARE (Urology Cancer Research and Education) is an independent, Oxford-based charity committed to improving the treatment and care of urological cancer patients, through research and education.

UCARE (Oxford) is a registered charity number 1120887. This newsletter was designed by www.goodthinkingcommunications.net Copyright © UCARE, March, 2016.

Data Protection: UCARE abides by the Data Protection Act and we will not share your details with any other organisations. Please contact us by post or email if you do not wish to receive this newsletter.

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Springing into action



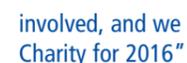
Award-winning Garden Designer Emily Sharpe will be representing UCARE at this year's RHS Malvern Spring Festival.

Emily won the 'People's Choice Award' for her first show garden design at RHS Malvern Spring Festival 2015 and then

went on to win 'Gold' and 'Best in Show garden' at the Blenheim Palace Flower Show. Her garden design for Malvern is inspired by Broughton Castle, home of UCARE's Patrons Lord and Lady Saye & Sele.

Emily explains: "I met UCARE's Val Berry and Jane Henman last year when they were exhibiting at Malvern. They enjoyed the experience so much, they were determined to do it again and asked me to design a show garden for them! They asked me to use Broughton Castle - a fortified manor house near Banbury - as inspiration for the garden. They also asked me to feature the beautiful pink UCARE tulip, Tulipa Caresse, in the garden. This tulip has been adopted by the charity and has become a symbol of hope in the treatment and care of patients with urological cancers."

Our Patrons Lord and Lady Saye & Sele added: "We are proud and excited that Broughton is the inspiration for Emily Sharpe's show garden design for 2016. Emily's success in award-winning gardens is indeed excellent publicity for UCARE, and its symbol Tulipa Caresse. With all our very best wishes for continuing success."



Paul Beavis, Managing Director of one of our sponsors, Champagne Lanson International, said: "... as an independent family-run Champagne House, we were delighted to be asked to be involved, and we are pleased to announce UCARE as our chosen Charity for 2016".

Giles Heap, Managing Director of our sponsor, CED Stone Group added: "CED Stone Group are proud to be supporting UCARE at this year's RHS Malvern Spring Festival 2016. The UCARE show garden will undoubtedly create a lot of interest and publicity for the charity, helping to raise awareness of urological cancer."

Ben Moore, Director of our sponsor Solar Clear Ltd concluded: "We are proud to be sponsors of the UCARE RHS Malvern Show garden. We are delighted that Solar Clear Ltd will help to raise the profile of this tremendous charity."



Dear friends

Welcome to the sixteenth issue of UCARE News.

You will undoubtedly be aware of the recent bad press about charities, which may have

changed your perception of charity administration. There are two key concerns: firstly, some of the questionable fundraising methods used by charities and secondly, that charities spend too much on salaries and administration. So there has never been a more important time to maintain trust - being transparent about where funding is going and to assure you that the funding is making a positive difference.

As a smaller charity, we face many challenges including raising our profile and publicising events on a limited budget, whilst following the same strict governance and reporting requirements as larger charities. This hasn't changed for us - good governance has always been one of the cornerstones of our administration process, and we annually publish a publically-available year-end report to the Charity Commission.

Many of you have personal contact with our office, look at our website, and receive our newsletters, so you will know exactly where your donations are going, what they will be funding, and the difference that they are making to people's lives. As a relatively small charity with the minimum of overheads, we rely upon all forms of support, however big or small but we don't hassle you for contributions, and we guarantee that we would never pass on your details to anyone else.

Best wishes

Handwritten signature of Jim Mitchell

Jim Mitchell Chair, Board of Trustees

Dates for your diary



5th – 8th May 2016 RHS Malvern Spring Festival

Three Counties Showground, Malvern, Worcestershire, WR13 6NW

We do hope that if you will come and see Emily's garden at Malvern, and visit us in the UCARE gazebo which will be situated next to the garden. We will be launching our Tulip Secret Auction there (see below) with all the artwork being displayed on screens donated by Bang & Olufsen, Oxford. There will also be tulip-based artworks for sale, which you can take away with you on the day.

Tulip Secret Auction



The Tulip Secret Auction is an exciting new fundraising initiative for UCARE. Anonymous depictions of tulips, from professional and amateur artists, celebrities, friends and supporters, will be auctioned. The diverse artworks include photography, embroidery, ceramics, jewellery, glass, wood and metal sculptures, as well as more

traditional painting. You will have an opportunity to bid for your favourite pieces of artwork in an online auction – the identity of the individual artists will remain a secret until the artworks are sold. The auction site (<http://lotsofcharity/ucare-auction/>) will go live at the RHS Malvern Spring Festival on 4th May. Please do have a look and if something takes your fancy, make a bid!

14th – 17th July 2016

Art in Action Waterperry Gardens, Waterperry, Nr. Wheatley, Oxfordshire OX33 1JZ

Our Tulip Secret Auction will culminate in an exhibition of all the artwork, and additional work by contributing artists, at Art in Action at Waterperry Gardens in July.

Art in Action organiser, Simon Buchanan explained how this collaboration came about: "Last year, Waterperry Gardens hosted a charity bulb day with famous speakers such as Anna Pavord, Val Bourne, and Johnny Walkers. At lunch I got talking to UCARE's Head of Fundraising, Jane Henman, and we discussed the idea of our charities mutually supporting each other."

We have been chosen by Art in Action as their Charity of the Year – which is such great news – and there is also the opportunity to donate to UCARE when you buy tickets online:

www.artinaction.org.uk/tickets

Friday 9th September 2015 UCARE Golf Day



We hope you will join us for this great day which includes breakfast, a delicious meal, wine, prizes, and of course a fantastic day of golf.

Many of you will know Studley Wood, but for those who have never played the

course, it is a hidden gem in the midst of Oxfordshire's finest countryside, and only 15 minutes drive from central Oxford.

We aim for a shotgun start at around 9.45am, although the club will be serving breakfast from 8am onwards.

With thanks...



Thanks to the **Woodstock and Kidlington Rotary Club**, UCARE was the beneficiary of sponsorship from the two charity runs (5km and 10km) in Blenheim Park. Seen here,

our Patron, His Grace the Duke of Marlborough, and his wife the Duchess of Marlborough, at the prize giving.



UCARE also joined the Woodstock and Kidlington Rotary Club for collection outside Sainsburys in Kidlington in December.



On Saturday 7th November 2015, we travelled through time with the magic of music and dance at a charity dance extravaganza at the Norden Farm Centre for the Arts by **TLC Productions**. A memorable evening raising funds for UCARE.

Our thanks to everyone who we have not been able to thank here, but who has raised valuable funds for UCARE – we couldn't do it without you.

Running a 'Brutal' for UCARE



Julia Bragg explains how she (and her family, friends and dogs) chose to raise funds for UCARE back in November 2015:

"It was certainly an eventful morning: four swamps, three streams, a river and a lake, hills galore and endless hilly rooty paths designed to twist ankles were all encountered.

It was truly "Brutal" and after 7km I was seriously wondering why I'd thought this could have been fun. Being dragged down steep hills where people overtook me, for me to actually overtake them running UP the hills – thanks to our new rescue dog Ted, resulted in some serious pain! Ted wasn't at all sure about the swamps but actually swam the first stream. The organiser's assurances that the water wouldn't be higher than waist height clearly had been measured against a human of normal stature!

Orla, Jamie and his friend Adam (plus Mini) came fourth in the cani-cross event – an amazing feat considering their size, age and the size of their small dogs. I was so proud of them all.

There isn't much evidence of mud in the photos – that's because it all washed off in the quarter-mile lake we crossed!"

A new ambassador

"It is my single pleasure to have been asked to be an ambassador to a charity whose work has made my own life so pleasurable once again. Without the skill and science of those who prevented my own condition becoming intolerable, my own life would have been no laughing matter, and laughter is my business."

**Laurence Marks
UCARE Ambassador, 2016**



Laurence Marks is one half of scriptwriting duo Marks & Gran. He co-wrote popular sitcoms; *The New Statesman*, *Birds of a Feather* and *Goodnight Sweetheart* with Maurice Gran. Their theatre works include *Dreamboats* and *Petticoats*, *Save The Last Dance For Me* and *Dreamboats and Miniskirts*. Laurence is now an ambassador for UCARE and supports all of their fundraising endeavours that raise essential funds for urological cancer research.

"UCARE provides an opportunity to give to cancer research in a more personal way, while at the same time knowing that the research carried out in Oxford will be of benefit to people around the world."

David Cranston, UCARE trustee

Relatively small and inexpensive pieces of equipment facilitate vital research and laboratory work...

£10 could buy a pair of safety specs

£100 could pay for a single channel pipette

£250 could buy a magnetic hot-plate/stirrer

UCARE is grateful for your support. Any donation is used to support our charitable object of Urology Research and Education. However, if you would like to support specific research, or discuss an individual project, please let us know.

I would like my donation to be used to support:

- Kidney cancer research
- Bladder cancer research
- Testicular cancer research
- Prostate cancer research
- General research

Please fill in donation details overleaf...

